



MOJO MINI

INTRODUCING MOJO MINI!

- For the parents in our community, we see you, hear you, and honor you. We know you want the space to move as freely as always, and becoming a parent shouldn't hinder that. Beginning in February, we will be implementing a new class format called MOJO MINI - the same Mojo you know and love, and now this time, your kiddo can join you! Baby wear, toddlers, crawlers, runners, whatever size your mini is, they are welcome in our space with you! Along with our new class style, we will now be offering childcare on Tuesdays & Thursday early mornings, because we believe movement and community is for every age and every season of life.

MOJO MINI CLASS DESCRIPTION

- Join us every Thursday at 9:30 AM for a 40 min strength + cardio workout. This class is for parents, nanny's, pregnant mama's, and any of those who have little's that would like to tag along. MOJO Mini will include a warm up, strength workout using various props (primarily bands & balls, but members may wear ankle weights if they'd like), along with a yoga style cool down, and will be tailored to the parents in class, but kiddos are welcome to join and are encouraged to participate in class with you! (this includes baby wearing, toddlers, and any kiddos up to 12 years old.) This class will be extremely laid back in terms of expectations with your kiddo working out with you (baby crying? don't apologize! need to feed? please do! kiddo running wild? great! just make sure everyone is safe.) Music, themes, and teaching style will all be appropriate for children.

MOJO MINI TEAM



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Instructor/MOJO Mini Manager

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MOJO MINI

CHILD CARE PROGRAM

- In addition to our new class format, we will also be introducing childcare for our community. Childcare will be available Tuesdays & Thursdays from 9 AM-1 PM, and two hours of childcare will be available per member per day. That means, take a class with us and then enjoy another hour to yourself while we hang with your kiddo/s. 6 kiddos will be allowed per session and you **MUST** sign up ahead of time (in the app) to reserve your spot. If there are no children signed up 40 min prior to class, childcare will be cancelled for that day, **so it is 100% necessary to sign up ahead of time ensure your child will have a spot.**
- In order to utilize the child care program, you will purchase a "virtual punch card" in your app. These classes/child care can be used at any time, but will expire 3 months after the original purchase date. You will receive 10 classes on your punch card (1 class/punch = mojo mini class AND 1 hour childcare session OR 1 punch = 2 hour childcare session ((**1 hour must be spent taking a mojo class, then the other hours is yours to do as you please.**))) Individual childcare sessions can be purchase for \$25 a class. Punch cards are \$200 for 10 classes.

CHILD CARE RULES

- You must sign up all children **AT LEAST** 40 min prior to 9 AM the day you are hoping to attend. Childcare will not be offered if no children are signed up.
- Children (of any ages) will not be allowed to hang in the lobby by themselves. A sitter must be present in order for the child to stay (this does not include front desk staff.)
- Child care will consist of potential activities such as crafts, movie time, story time, etc. during the duration of your session.
- Children ages 6 weeks-12 years are able to attend. Please note, diapers will not be able to be changed when other children are present, as leaving the other children unattended to do so is a safety concern. If you wish to have your child's diaper changed while you are in class, please communicate this to your sitter **BEFORE** class so arrangements can be made (such as, coming in to your class to get you for a diaper change.)
- Punch cards must be used within 3 months of the original purchase date or punch cards will expire.
- Outside snacks will not be allowed during child care time.
- 2 hours of childcare will be available for you per session. **One hour must be spent taking a MOJO class, the other hour is yours!**



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MOJO MINI KICK OFF

- Join us Thursday February 19th at 9:30 AM for a FREE Mojo Mini session! Expect a Valentine's Day themed workout with instructor Leah Gray, a fellow parent + pregnant mama. Class time will be 40 min long and your kiddos (any age up to 12 years) are welcome to workout with us! Workout will be geared towards the parents, but kiddos will have fun moving and grooving with us. 😊 Stay afterward with us for community + crafting with your kiddo, as we spend some time discussing Mojo's new childcare program!